

## All About Masculine Erectile Disorder

Male erectile dysfunction (also known as impotence) represents a sexual dysfunction characterized by the inability to develop or maintain penis erection sufficient for coitus. This trouble is known to numerous men throughout the world. The majority of them are concerned with the treatment means, others wonder what may help to prevent such sexual dysfunction.

First of all we need to define what brings to impotence. Actually, reasons of male erectile disorder are psychological and physical. Psychological factors like stress, depression, anxiety, sexual boredom or psychological scar bring generally to temporary impotence. Take a rest and don't think too much about the problem. But nevertheless, if you are confronted with impotence regularly you would rather see a doctor.

As for physical factors they include high cholesterol level, kidney disorders, diabetes, arteries hardening and some other diseases. Besides, erectile disorder may be a result of prolonged smoking, drug abuse, alcoholism, side actions of several medications or surgery.

The trouble of male erectile disorder has been an object of investigation for a long period of time. Ways to cure this disease is being developed daily. These are hormone treatment, injections, vacuum pumps, minor surgery or the use of special pills. The most popular among erectile disorder treatment medical products are Levitra, Cialis and Viagra. These drugs are used to increase the flow of blood to the area of penis, and as a result to provoke erection. But still, take into consideration that you need to be sexually aroused for the medications to have effect.

In case you think you are suffering from male sexual dysfunction don't hesitate to see a doctor and have a consultation. The earlier you begin with the treatment the better. Some couples have broken up owing to impotence, so you can see that erectile disorder is a problem that should not be left untreated. Some people are embarrassed to talk to a doctor about their problems, in this case you can try to search for answers to your questions in the Internet. There're lots of sites offering on-line consultations. But note that it is all about your health.

## About the Author

The creator of the article is a well-known specialist in the issues of sexual problems, and, particularly, masculine sexual problems herbs. More precise material on Proviagra is presented at his web page.

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